

The modified ASSIST questionnaire which will be used in this study (*Note: The modifications introduced are listed in Table 4 (refer below); the rationale for the modifications is discussed in text under the heading Evaluation of Learning Approaches*)

Item no.	Item	1	2	3	4	5
Approaches to Studying						
1	I organise my study time carefully to make the best use of it.					
2	I find I have to concentrate on just memorising a good deal of what I have to learn					
3	Often I feel I'm drowning in the sheer amount of material we're having to cope with					
4	I look at the evidence carefully and try to reach my own conclusion about what I'm studying					
5	It's important for me to feel that I'm doing as well as I can on my courses*					
6	I try to relate ideas I come across to those in other topics or other courses whenever possible					
7	I tend to read very little beyond what is actually required to pass					

8	Regularly I find myself thinking about ideas from lectures when I'm doing other things					
9	I think I'm quite systematic and organised when it comes to revising for exams					
10	Much of what I'm studying makes little sense: it's like unrelated bits and pieces					
11	When I'm working on a new topic, I try to see in my own mind how all the ideas fit together.					
12	I often worry about whether I'll ever be able to cope with the work properly					
13	Often I find myself questioning things I hear in lectures or read in books					
14	I concentrate on learning just those bits of information I have to know to pass					
15	I find that studying academic topics can be quite exciting at times					
16	I keep in mind who is going to mark an assignment and what they're likely to be looking for.					
17	I work steadily through the term or semester, rather than leave it all until the last minute					

18	I'm not really sure what's important in lectures so I try to get down all I can.					
19	Ideas in course books or articles often set me off on long chains of thought of my own					
20	Before starting work on an assignment or exam question, I think first how best to tackle it					
21	I often seem to panic if I get behind with my work.					
22	When I read, I examine the details carefully to see how they fit in with what's being said.					
23	I put a lot of effort into studying because I'm determined to do well.					
24	I gear my studying closely to just what seems to be required for assignments and exams					
25	Some of the ideas I come across on the course I find really gripping.					
26	I usually plan out my week's work in advance, either on paper or in my head					
27	I keep an eye open for what lecturers seem to think is important and concentrate on that					

28	I generally make good use of my time during the day					
29	I often have trouble in making sense of the things I have to remember					
30	When I finish a piece of work, I check it through to see if it really meets the requirements					
31	It's important for me to be able to follow the argument, or to see the reason behind things					
32	I like to be told precisely what to do in essays or other assignments					
33	I sometimes get 'hooked' on academic topics and feel I would like to keep on studying them.					
Preferences for different types of course and teaching						
34	lecturers who tell us exactly what to put down in our notes					
35	lecturers who encourage us to think for ourselves and show us how they themselves think					
36	exams which allow me to show that I've thought about the course material for myself					
37	exams or tests which need only the material provided in our lecture notes					

38	courses in which it's made very clear which books we should read or refer to*					
39	courses where we're encouraged to read around the subject a lot for ourselves					
40	books which challenge you and provide explanations which go beyond the lectures					
41	books which give you definite facts and information which can easily be learned					
Academic Progress		1				9
42	Finally, how well do you think you have been doing in your assessed work overall, so far? Please rate yourself objectively, based on the grades you have been obtaining					